### **OUR SERVICES**

**AIN'S/CERT MEDICATION ALLIED HEALTH SERVICES COMMUNITY NURSES COMPANION SERVICES DAY PROGRAM ACTIVITIES DEMENTIA CARE** DOMESTIC ASSISTANCE **ESCORT NURSES GARDENING SERVICE MEAL PREPARATION** PERSONAL CARE **RESPITE/OVERNITE CARE** TRANSPORTATION SUPPORTED INDEPENDENT LIVING WOUND CARE MANAGEMENT





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## RESPITE CARE (SHORT TERM)

Relief & Peace of Mind: Respite Services for Primary Caregivers





Respite care is temporary, short-term care provided when family caregivers cannot care for a loved one. This type of care can be used in case of an emergency, but is primarily used as a support system for family caregivers.

Under the NDIS, short term accommodation (STA) replaces what used to be called respite for people with a disability.

#### **Respite Care (Short - term) provides:**

- Overnight Stay in a Residential respite home.
- Assistance with Activities of Daily Living
- Personal Care Services
- Full Breakfast, Lunch and Dinner
- Afternoon Tea
- Access to the Community's Amenities
- Participation in All Planned Programs



# The main types of Respite Care:

### DOMICILIARY OR HOMECARE

Arranging for someone to provide care in your own home will minimise the disruption. This can either be accessed via a professional homecare service.

### **RESIDENTIAL RESPITE**

care is provided in a residential home, a nursing home or a local care home if they offer short-term facilities.

### WHY SHOULD I CHOOSE RESPITE CARE?

Respite care can help caregivers take a break while providing them the peace of mind that their loved one is being taken care of by trained professionals.

Respite care is also an excellent opportunity for older adults to see what life is like at Nationwide Care Plus. Guests can enjoy the amenities and services that we have to offer.

Respite care guests receive the same care and amenities as community members, including meals, social events and classes, and a private suite for the duration of their stay.

Our Disability Support Workers can be there 24/7 or they can provide day-to-day assistance. All our accommodation is designed to make you feel comfortable, safe and at home.